

All children
have
these rights.

Article 2

I have
the right
to get information
in lots of ways,
so long as
it's safe.

Article 17

I have
the right
to be protected
from being
hurt or badly
treated.

Article 19



I have
the right
to keep
some things
private.

Article 16

I have
the right
to be listened to,
and taken
seriously.

Article 12

Keeping Children Safe

A child friendly guide to safeguarding

A place of learning,
laughter and friendship

www.thomasbuxton.towerhamlets.sch.uk



What is safeguarding?

Safeguarding means that all staff will:

- protect you from harm
- make sure nothing stops you from being happy
- make sure you are safely looked after
- make sure you have the best life chances



Thomas Buxton
Primary School has a
safeguarding policy
for staff, families and
governors.
This child friendly
version is designed
for you!

Keeping
you
safe

We created
this booklet to help you
decide what could be a
'problem' and where to
get help and support.
There may be times when
you want to talk to
someone in school about
a problem that might be
upsetting you.

This booklet also
highlights that you
have a right to be safe
and to be kept safe.
And your rights are
protected by UNICEF
through the
UN Convention on the
Rights of the Child.

unicef 



UN Convention on the
Rights of the Child



Bullying



Bullying is hurting someone else on purpose. Bullying is something that happens over and over again. Bullies can hurt people in lots of different ways. You can be hurt on your body or with nasty words.

There are different types of bullying:

Physical bullying is pushing, hitting, pinching or kicking someone.

Verbal bullying is calling someone names, saying nasty things or even pretending you are going to hurt someone.

Indirect bullying is:

- leaving people out of games;
- talking about them when they are not looking;
- telling nasty stories about them;
- standing by and watching bullying happen.

Remember

You have the right to be protected from being hurt or badly treated.

unicef

Article 19



Any questions about bullying?
Ask...

Ms Chau
Behaviour Lead

Cyberbullying is when people use email, photos, videos or text messages to make someone feel sad. It can be one person or a group of people. It can be scary for the person who is being bullied.

Internet safety

Remember

You have the right to keep some things private.

unicef

Article 16



Remember to THINK!
When using the internet either on a computer or mobile phone or tablet, for work, social media or messaging always be careful what you say and what you read or see. And never meet anyone from the internet without an adult with you as this is very dangerous!

Any questions about internet safety?
Ask...

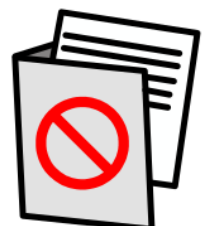
Ms Chau

Designated Safeguarding Lead

Top Tips for Staying Safe Online



- Keep personal information private.
- Use strong passwords and don't share them.
- Only talk to people you know in real life.
- Think before you click or share.
- Be kind and respectful online.
- Tell a trusted adult if something doesn't feel right.
- Ask permission before downloading apps or sharing photos.



I'm feeling worried...

Stay safe when using a mobile phone or when using the internet. If someone you don't know tries to speak to you or someone shows you a video or photo that makes you feel uncomfortable then tell someone!

**Is someone bullying you?
Is this happening every day?**

**Is there another problem?
Nothing is too small or silly!**

Has someone said something to you that upsets you?

Is someone trying to give you tablets, cigarettes, drugs or alcohol?

Has someone hit, punched or smacked you or hurt you in anyway?

Has someone touched you on a part of your body like your bottom or chest or anywhere else you do not like?





AND STAY SAFE,
LIKE PANTOSAURUS



P RIVATES
ARE PRIVATE

A LWAYS REMEMBER YOUR
BODY BELONGS TO YOU

N O MEANS NO

T ALK ABOUT SECRETS
THAT UPSET YOU

S PEAK UP, SOMEONE
CAN HELP

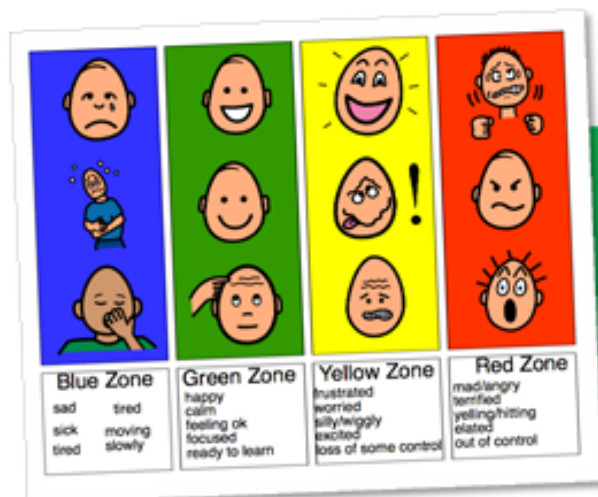


NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR

Remember, there are ways
to solve smaller problems at school.

Is it a big
or a small
problem?



Use the zones of regulation.
Which zone are you in?
What can you do to get back to
the green zone?

Talk to your friends or use the WWW boxes:

- To say or write what happened and how you feel
- To say what you would like to happen next, then agree a solution.

There are posters in the playgrounds to help you.



Is this a problem you
could share at circle
time or with an adult?

If it is a big problem, or you couldn't
solve it yourself, you need to tell an
adult.



**Who can
I talk to
in
school?**

We have people in school who are specially trained to help you. They are called

Designated Safeguarding Leads.

It is important that you know where to get help if you are worried or unhappy about something.

Amelia Chau

Designated Safeguarding Lead
Deputy Headteacher

Claire Redpath

Deputy Designated Safeguarding Lead
Headteacher

Sasha Elliott

Deputy Designated Safeguarding Lead
Assistant Headteacher and Phase Leader (UKS2)

Emma Rogers

Deputy Designated Safeguarding Lead
SENDCO

Fiona Measures

Deputy Designated Safeguarding Lead
Phase Leader (EYFS)

Andrew Sturgess

Deputy Designated Safeguarding Lead
Phase Leader (KS1)

Stephanie Kho

Deputy Designated Safeguarding Lead
Phase Leader (LKS2)

What will
happen
next?



**You have the right
to be safe.**

If you talk to an adult in
school, we will:

- Listen carefully
- Find out what is happening
- Do everything we can to sort it out
- Keep you safe!

What else
can I do?

There are lots of
other people too, who
may help you with an
upsetting problem
and they do not work
at our school but care
about you just as
much as we do.

Remember

You have the
right to get
information in
lots of ways,
so long as it's
safe.
unicef

Article 11



Worried about something
you've seen online?

CLICK TO REPORT IT!



NSPCC



NSPCC

HELPLINE

0808 800 5000

help@nspcc.org.uk

Your rights

Remember

All children have these rights.

unicef



UN Convention on the Rights of the Child

Article 2

Survival



You have a right to life, good food, water, and to grow up healthy.

Development



You have a right to an education and time to relax and play.

Participation



You have a right to say how you feel, be listened to, and taken seriously.

Protection



You have a right to be treated well and not be hurt by anyone.

1 Everyone under 18 has these rights.	2 All children have these rights.	3 Adults must do what's best for us.	4 The Government should make sure the rights of every child are respected.	5 The Government should make sure the rights of every child are respected.	6 I should be supported in my work and play.
7 I have the right to be heard and to be listened to in a court of law.	8 I have the right to be heard in a court of law.	9 I have the right to live with my family unless it's better for me to live elsewhere.	10 I have the right to be heard in a court of law.	11 I have the right to be heard in a court of law.	12 I have the right to be heard in a court of law.
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Graphics courtesy of 

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for every child

